First Sunday of Lent March 2025

St. Matthias Parish



www.stmatthiasparish.org

St. Matthias is a Roman Catholic Community in the Archdiocese of San Francisco striving to respond to the call of Jesus through worship and sacraments, faith formation, service, and social opportunities. To see the full calendar of events, copies of our bulletin, and more, visit https://www.stmatthiasparish.org/parish-calendar/

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Donut Sunday

Mar 9th,10:45 A.M. at Fr. Lacey Hall

GIFT

Mar 9th,11:00 A.M. at Fr. Lacey Hall

Lenten Retreat

March 11th, 7:00 P.M. at St. Charles Let us
continue to
pray for the
recovery and
health of our
Holy Father,
Pope Francis.

God in your mercy, hear our prayer.

Introduction to the Liturgy of the Word

Today and every Sunday we offer our gifts at the altar of the Lord. Today's first reading narrates the reasons for the Chosen People's gratitude to God, which lead them to offer firstfruits and thanksgiving to the LORD. Saint Paul assures the Romans that all who confess their faith and seek help from the Lord will be saved. Finally, we hear Jesus quote God's words when he resists the devil's temptations in the desert. Let us now listen to the word of God, knowing that in God's word we find salvation.

First Reading

Deuteronomy 26:4-10

Moses spoke to the people, saying:

"The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the Lord, your God, 'My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien.

But there he became a nation great, strong, and numerous.

When the Egyptians maltreated and oppressed us, imposing hard labor upon us,

we cried to the LORD, the God of our fathers,

and he heard our cry

and saw our affliction, our toil, and our oppression.

He brought us out of Egypt

with his strong hand and outstretched arm,

with terrifying power, with signs and wonders;

and bringing us into this country,

he gave us this land flowing with milk and honey.

Therefore, I have now brought you the firstfruits

of the products of the soil

which you, O LORD, have given me.'

And having set them before the LORD, your God,

you shall bow down in his presence."

Second Reading Romans 10:8-13

Brothers and sisters:

What does Scripture say?

The word is near you,

in your mouth and in your heart

—that is, the word of faith that we preach—,

for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him.

For "everyone who calls on the name of the Lord will be saved."

Gospel Luke 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

He ate nothing during those days,

and when they were over he was hungry.

The devil said to him,

"If you are the Son of God,

command this stone to become bread."

Jesus answered him,

"It is written, One does not live on bread alone."

Then he took him up and showed him

all the kingdoms of the world in a single instant.

The devil said to him,

"I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish.
All this will be yours, if you worship me."
Jesus said to him in reply,

"It is written

You shall worship the Lord, your God,

and him alone shall you serve."

Then he led him to Jerusalem,

made him stand on the parapet of the temple, and said to him,

"If you are the Son of God,

throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you, and:

With their hands they will support you,

lest you dash your foot against a stone."

Jesus said to him in reply,

"It also says,

You shall not put the Lord, your God, to the test." When the devil had finished every temptation, he departed from him for a time.

MUSIC

March 8-9, 2025

135 In These Days of Lenten Journey

649 Turn to Me

152 Jesu Jesu

Reflection: Have Mercy (R. Dresbach Castillo)

395 With One Voice

Breaking Bread song books are available for your use during the service and are housed on the shelf at the entrance from the parking lot.

Donut Sunday

This Sunday is Donut Sunday after the Sunday 9:45 A.M. Mass. Please join us for fellowship and yummy donuts. Thank you to our Hospitality Ministry for making this time for community possible.



Lenten Retreat

Lenten Retreat: "How Is God Leading Me?"

Join us on March 11 at 7:00 PM at St. Charles for an inspiring evening with a special guest speaker who will guide us in reflecting on the question: "How is God leading me?" This retreat will offer valuable insights and spiritual nourishment as we journey through Lent. The Sacrament of Reconciliation will be offered after the speaker's presentation.

The Three Pillars of Lent

The Church offers three pillars to focus our efforts during the 40 days of Lent.

PRAYER: Helps us to be close to Christ in constant dialogue with Him. We take time away from distractions to turn our focus back to Jesus throughout the day.

FASTING: Helps us to deprive ourselves from good and bad things that are keeping us from devoting our hearts to Christ. It can deepen our awareness of Jesus' sacrifice on the cross.

ALMSGIVING: Helps us to love others as Jesus has loved us; to live our profession of faith not just through words, but also through our actions to those around us each day.







PRAYER

FASTING

ALMSGIVING

Lenten Fasting and Abstinence

The Church requires all Catholics from ages 14-59 to fast on Ash Wednesday and Good Friday. As long as you are in good health, this means that you should only eat one full meal, plus two smaller meals that do not equal a full meal.

Another powerful invitation to grow in your spiritual life is abstaining from meat. Catholics age 14 and older do not eat meat on Ash Wednesday and all Fridays during Lent, including Good Friday. Instead of meat many Catholics choose to eat fish—which is why many parishes around the country have fish fries on Fridays during Lent. These are a great opportunity for a parish community to come together to pray and fast.

No matter what your circumstances are, Lent is a powerful invitation to create small sacrifices, making yourself 100 percent available to God. One traditional Catholic sacrifice is giving up meat on Fridays during Lent, but if you or someone you know is a vegetarian, Fridays in Lent are an opportunity to make an alternative sacrifice. Some vegetarians might choose to give up sweets, coffee, or seasonings on Friday instead.

Anointing of the Sick

The Sacrament of the Anointing of the Sick brings God's blessing, comfort and support during sickness. It is not limited to those who are extremely ill.

<u>During the 5 p.m. Mass on Saturday, March 15th,</u> we will offer the Sacrament of the Anointing of the Sick. All those who are dealing with physical, mental, emotional or spiritual concerns are invited to receive this sacrament.

Parishioners are asked to share this information with family and friends. In addition, parishioners are encouraged to drive individuals who may have difficulty getting to St. Matthias.

After the homily, the priest will lay hands on each person and then anoint the forehead saying, "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit."

There will be special seating for those who will be receiving the sacrament. Those who are receiving the sacrament are asked to arrive early to sign in and receive a name tag. All parishioners are invited to join us for this special liturgical celebration.

Lenten Happenings This Week:

<u>Stations of the Cross and Soup Supper</u> are on Friday evening at 6:00 P.M. at St. Charles
<u>Lenten Reconciliation</u> are on Wednesday evening from 5:35 P.M. to 6:30 P.M. at St. Charles

Mass Intentions

Please be sure to sign-up for Mass Intentions with Lisa in the Parish Office. We have a few openings in the weeks to come.

This is a beautiful way to include the Parish Community in praying for the needs of both the living and the dead.

It's Tax Season Again!

If you would like a statement of your St. Matthias donations for the 2024 tax year, please email lisa@stmatthiasparish.org or call the office at 650-366-9544.

Promise Program

The Promise Program for children ages 3-6 resumes on: Sunday, March 23, 2025 during the 9:45 A.M. Mass. Please contact Tony Chan, Facilitator via email: tonychan@gmail.com with any questions.

AAA- Archdiocesan Annual Appeal

The annual appeal has begun in the Archdiocese of San Francisco. Through the generosity of those that contribute, the Archdiocese is able to provide vital services to parishes. Soon, the Archdiocese will support us in transitioning from Mail Chimp to

Flocknote. This will help us to better communicate with parishioners here at St. Matthias. Please be on



Rite of Election

The Order of Christian Initiation of Adults (OCIA, formerly called RCIA) is a process for individuals seeking full initiation into the Catholic Church. Candidates



have been on a journey of preparation and prayer for many months. The final weeks of preparation begin during Lent.

On March 9th, the First Sunday of Lent, the candidates from St. Matthias and St. Charles will participate in the Rite of Sending held at St. Matthias during the 9:45 a.m. Mass. This rite blesses and sends the candidates to the Cathedral later in the day. At 4 p.m. Archbishop Cordileone will be the presider for the Rite of Election. Our catechumens will be welcomed by the Archbishop and they will sign the Book of Elect. The Rite of Election is one major step toward receiving the Sacraments at the Easter Vigil.

Please pray for our catechumens and our candidate. Catechumens: Forrest Rhodes, Carlen Rhodes, Shea Connolly (from St. Charles)

Candidate: Lawrence Esbig (from St. Matthias)

During Lent and Holy Week, the Elect and our candidate will continue their preparation and participate in Scrutinies during selected Masses. The Scrutinies are prayers and petitions asking God to bless these individuals and give them the spiritual strength in Christ, who is the way, the truth and the life for all of us.

This journey culminates with the Elect receiving the Sacraments of Baptism, Confirmation and Eucharist and our Candidate receiving Confirmation and Eucharist at the Easter Vigil on April 19th. Please pray for them, their families and their sponsors.

Bulletin

Please submit any bulletin announcements no later than 10:00 A.M. on Tuesday mornings.

Submissions can be emailed to: joey@stmatthiasparish.org

First Sunday of Lent March 9, 2025



MASS INTENTIONS

SAT, March 8th @ 5:00PM — Richard Jones †

SUN, March 9:45AM — Bill Cribari †

MASS PRESIDERS NEXT WEEK

SAT, March 15th @ 5:00PM — Fr. Gerald Coleman

SUN, March 16th @ 9:45AM — Fr. Roy Remo



We pray for those in our community who are ill...

Costanza Alviti
Tommie Fogliani
Sofia Rodriguez Gaddi
Bill Harper
Kathleen Kaz
Rose Marino
Mary Monihan
Jeanine Tavernier

that they may be comforted by the loving embrace of Jesus.

And for for all who recently went to our Lord.





PARISH CONTACT

INFORMATION

1685 Cordilleras Road Redwood City, CA 94062 Parish Phone (650) 366-9544 Preschool Phone (650) 367-1320

www.stmatthiasparish.org

St. Matthias Mass Schedule

Saturday 5:00 pm Sunday 9:45 am* Pastor, Fr. Roy Remo frroy@stmatthiasparish.org

Parochial Vicar, Fr. Samuel Musiimenta

Adult Faith Formation Coordinator, Deacon Rich Foley rich@stmatthiasparish.org

Deacon David Rolandelli david@stmatthiasparish.org

Pastoral Associate, Joey Gutierrez joey@stmatthiasparish.org

Parish Administrative Assistant, Lisa Bamford lisa@stmatthiasparish.org Music Director, Melanie Dresbach melanie@stmatthiasparish.org

Preschool Director, Rosemary Juarez

rosemary@stmatthiasparish.org

650-367-1320

St. Charles Mass Schedule

Monday—Saturday 5:00 pm Sunday 8:30 am* & 11:00 am

*LIVESTREAMED MASSES

Please support our parishioners' businesses and bulletin sponsors!





TONY Y. CHAN



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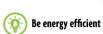
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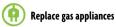
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Email lisa@stmatthiasparish.org for more information!